

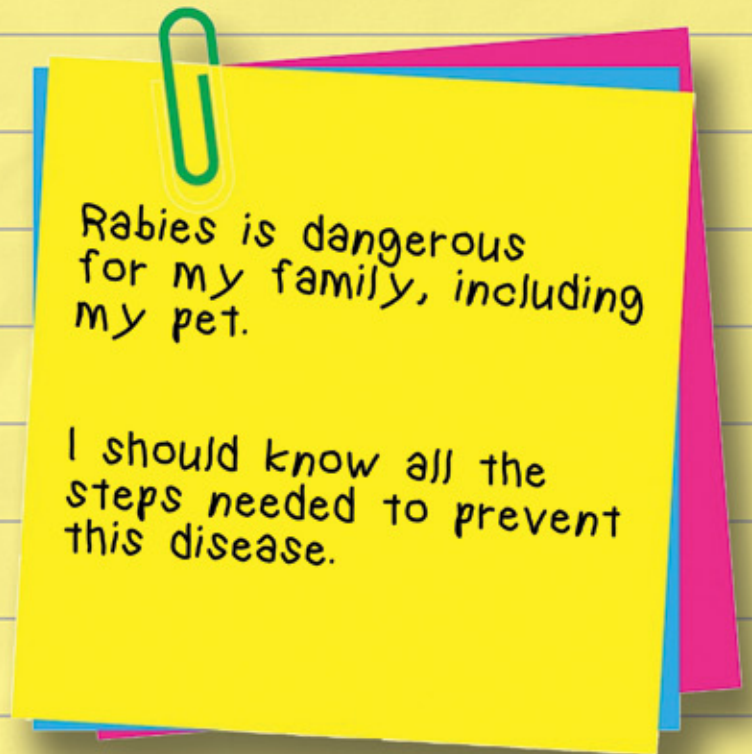
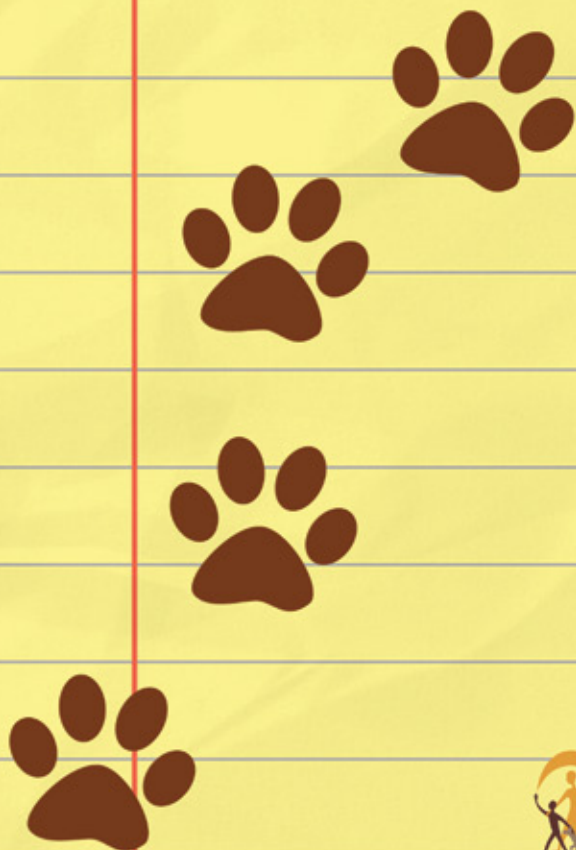
Keep your pet safe

My exercise guide to fight rabies

This activity book is owned by:

Name

Address



Rabies is dangerous for my family, including my pet.

I should know all the steps needed to prevent this disease.

For the Teacher/Parent:

Rabies is a deadly disease caused by a virus. It is usually transmitted by animals to humans through the bite of dogs and cats infected with rabies. Other routes of transmission are through introduction of rabies-infected saliva into fresh wounds, scratches and body parts with mucous membranes such as the nose, eyes and mouth.

Children are particularly at risk because of their size and activities. Rabies cannot be treated but it is 100% preventable, by vaccinating dogs and cats against rabies at three months of age and every year thereafter.

If bitten by a dog or cat, the following should be done:

1. Wash the wound immediately with soap and running water for 15 minutes.
2. Apply iodine or an antiseptic if available.
3. Go to the nearest doctor or clinic.

10 Essential Things You Should Know about Rabies



1. Vaccinate your dogs and cats against rabies

2. Take good care of your pets. Give them enough food, exercise, companionship and a safe place to stay. Don't keep them tied up all the time.



3. Do not let your pet dogs and cats roam freely in the streets and other public places.

4. Do not mistreat dogs and cats. Do not kick them, pull their tails or throw stones at them.



5. Stay away from stray dogs and cats. Do not bother your pet dogs and cats when they are sleeping, eating or feeding their young.

6. If bitten, wash the wound immediately with soap and running water.



7. Immediately tell an adult (parent, teacher, guardian) about the bite and ask them to take you to a clinic or doctor.

8. Remember that people can get rabies from the saliva (from a bite or scratch) of a rabid dog or cat.



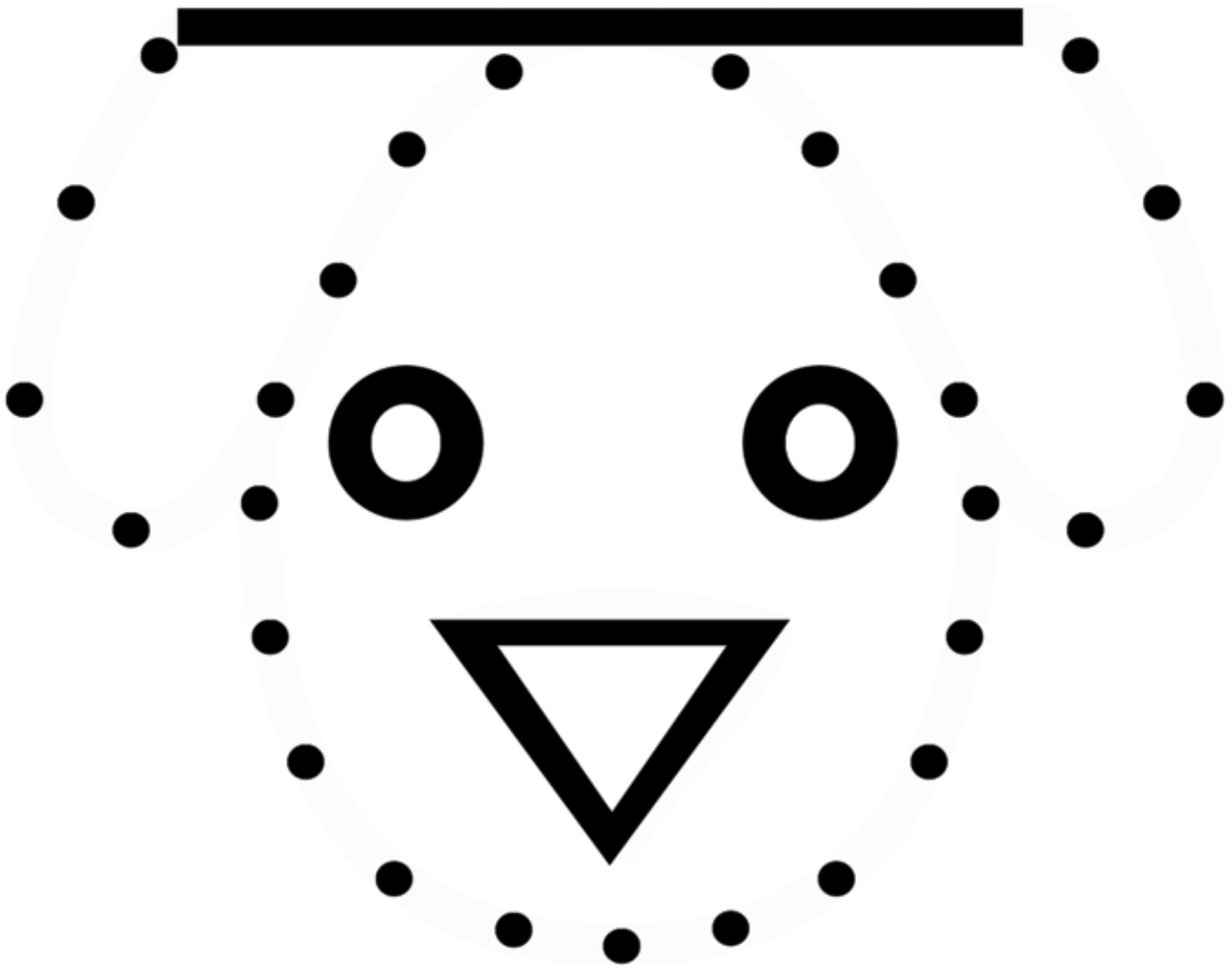
9. Rabies kills.



10. Rabies can be prevented by having your pet dogs and cats vaccinated.



Know your pet



Activity 1

Connect the dots to form a picture of an animal. You can also color the picture formed.

The animal in the picture is the animal that most commonly transmits rabies to humans.

Animals and Rabies

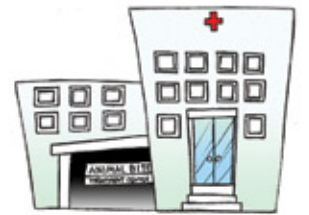


Rabies is caused by a virus transmitted to humans by rabies-infected animals

Activity 2

Identify and circle the animals that can be infected by rabies

Vaccinate Against Rabies!



Activity 3

Dennis was playing outside the house when he was bitten by his pet dog. Help Dennis find his way to the hospital to treat his wound. Trace the line to the hospital.

First Aid for Animal Bites

Activity 4

What steps should you take if bitten by your pet dog?
Number them in order



Tell your parents that
you were bitten



Wash with soap
and running water



Go to the hospital
to treat the bite

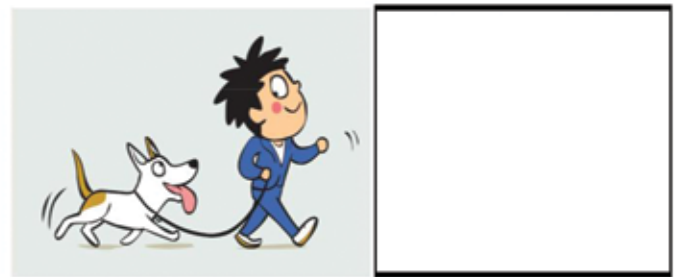
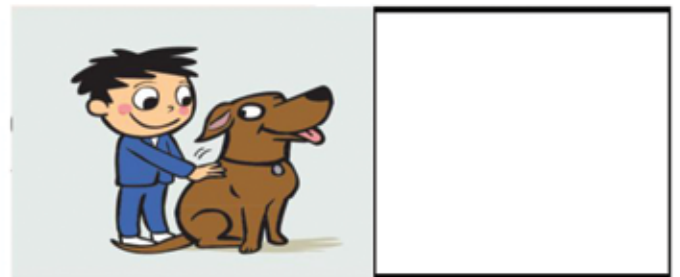
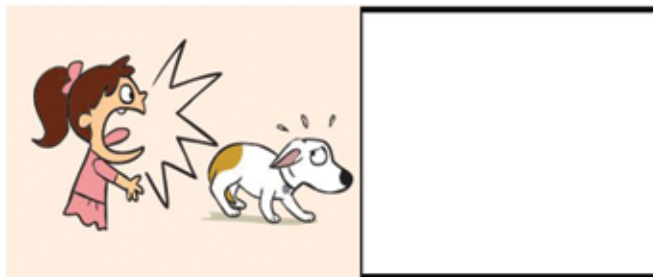


Take good care of your dog

Activity 5

Put a tickmark ✓ in the box if the picture shows proper care of a pet dog

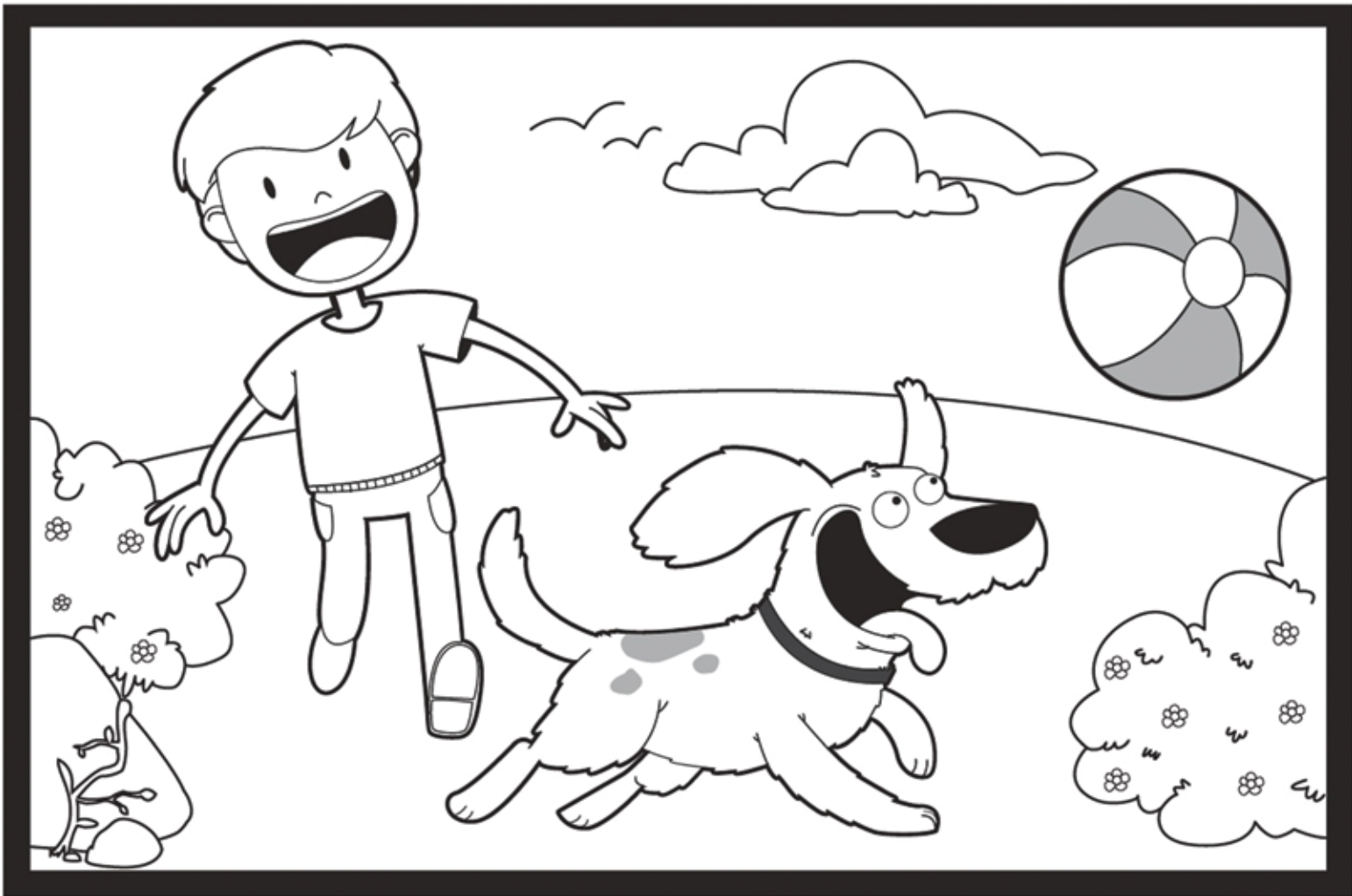
Put a cross ✗ in the box if the picture shows poor care of a pet dog



Color the picture

Jeff and his pet dog Bantay are happily playing in the playground.

Do you also play with your pets?



Source: Want a Friend? Be a Friend! The Guide to Pet Care and Bite Prevention. Retrieved from: <https://rabiesalliance.org/node/402>

Answers

Activity 1



Activity 2

Animals and Rabies



Rabies is caused by a virus transmitted to humans by rabies-infected animals

Activity Identify and circle the animals that can be infected by rabies

Activity 4

First Aid for Animal Bites

Activity

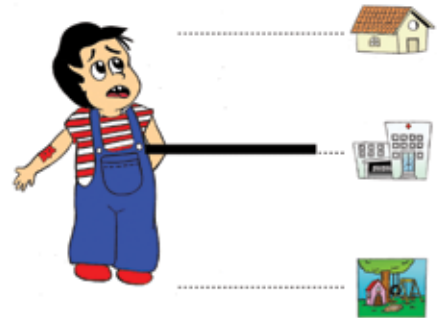
What steps should you take if bitten by your pet dog?
Number them in order

Tell your parents that you were bitten	Wash with soap and running water	Go to the hospital for to treat the bit
<u>1</u>	<u>2</u>	<u>3</u>



Activity 3

Vaccinate Against Rabies!



Dennis was playing outside the house when he was bitten by his pet dog. Help Dennis find his way to the hospital to treat his wound. Trace the line to the hospital.

Activity 5

Take good care of your dog

Activity

Put a tickmark ✓ in the box if the picture shows proper care of a pet dog

Put a cross ✗ in the box if the picture shows poor care of a pet dog





The Global Alliance for Rabies Control (GARC) is a non-profit organization that works to eliminate deaths from canine rabies by 2030. This book is published by GARC in partnership with the UBS Optimus Foundation, to increase awareness in the community to prevent rabies deaths.

*For additional information, please visit the GARC website:
www.rabiesalliance.org*

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